#### **REVIEW ARTICLE**



# **3D Bioprinting: A Systematic Review for Future Research Direction**

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Received: 22 April 2023 / Accepted: 5 September 2023 © Indian Orthopaedics Association 2023

#### **Abstract**

**Purpose** 3D bioprinting is capable of rapidly producing small-scale human-based tissue models, or organoids, for pathology modeling, diagnostics, and drug development. With the use of 3D bioprinting technology, 3D functional complex tissue can be created by combining biocompatible materials, cells, and growth factor. In today's world, 3D bioprinting may be the best solution for meeting the demand for organ transplantation. It is essential to examine the existing literature with the objective to identify the future trend in terms of applicationof 3D bioprinting, diferent bioprinting techniques, and selected tissues by the researchers, it is very important to examine the existing literature. To fnd trends in 3D bioprinting research, this work conducted an systematic literature review of 3D bioprinting.

**Methodology** This literature provides a thorough study and analysis of research articles on bioprinting from 2000 to 2022 that were extracted from the Scopus database. The articles selected for analysis were classifed according to the year of publication, articles and publishers, nation, authors who are working in bioprinting area, universities, biomaterial used, and targeted applications.

**Findings** The top nations, universities, journals, publishers, and writers in this feld were picked out after analyzing research publications on bioprinting. During this study, the research themes and research trends were also identifed. Furthermore, it has been observed that there is a need for additional research in this domain for the development of bioink and their properties that can guide practitioners and researchers while selecting appropriate combinations of biomaterials to obtain bioink suitable for mimicking human tissue.

**Signifcance of the Research** This research includes research fndings, recommendations, and observations for bioprinting researchers and practitioners. This article lists signifcant research gaps, future research directions, and potential application areas for bioprinting.

**Novelty** The review conducted here is mainly focused on the process of collecting, organizing, capturing, evaluating, and analyzing data to give a deeper understanding of bioprinting and to identify potential future research trends.

**Keywords** 3D bioprinting · Biomaterials · Bioink · Meta-analysis · Systematic literature review

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# **Introduction**

To build 3D structures for bio-applications, layer-by-layer precise positioning of biological materials, biochemicals, and living cells is used in 3D bioprinting, along with spatial control of the positioning of functional components [[1\]](#page-16-0). The technology has emerged as a key driver by precise deposition and assembly of biomaterials with patient's/donor cells. It is described as a collection of methods that use computeraided printing technology to deposit living cells, biomaterials, extracellular matrix (ECM) elements, biochemical factors, proteins, or medications on a receptive solid or surface [\[2](#page-16-1)]. There are a few things that all three-dimensional printing methods have in common: (a) creating blueprints or computer-aided designs through pre-processing using surface laser scan, computed tomography, magnetic resonance, or other imaging modalities; (b) processing to create a realworld 3D duplicate of a created model; and (c) post-processing to accelerate organ development and transplantation [\[3](#page-16-2)]. Inkjet, micro extrusion, and laser-assisted bioprinting are the three basic types of 3D bioprinting technology [[4\]](#page-16-3). Bioink or cells are delivered thermally or acoustically in inkjet bioprinting. In extrusion bioprinting process by applying a precise amount of bioink through a needle with the help of pneumatic pressure or mechanical pistons, bioprinting constructs are created, producing a three-dimensional structure. A high-energy laser is used to create a high-pressure system that ejects the biomaterial onto the collecting plate in laser-assisted bioprinters [[5](#page-16-4)]. To create delicate structures, 3D bioprinting relies on the micrometer-scale deposition of biomaterials that either enclose cells or are afterward loaded with cells. Extruders that print bioink are often managed by a three-axis mechanical platform. The coordinates set by the designer and saved in a fle format like G-code, which the printer can easily follow, regulate the algorithm and form that are necessary for this platform's movement.

Due to benefits including precise deposition, costefectiveness, simplicity, and controllable cell dispersion, 3D bioprinting has grown rapidly in popularity in recent years. As a result, there is a greater need for novel bioinks with the attributes necessary for appropriate printing, such as printability, printing fdelity, and mechanical qualities. This has resulted in a need for extensive research and development. The contributions of the researchers working in this feld have created awareness about the 3D bioprinting and development of new bioink which can be suitable for human transplantation. The new bioink should be biocompatible when implants are to be used in a patient's body for a longer duration of time [[6\]](#page-16-5). An investigation of the current bioprinting literatures is needed for this aim, as it has been done by many researchers in their feld [[7](#page-17-0)]. A literature review is also necessary to examine current biomaterials, identify new biomaterials, printing methods, and medicinal applications for bioprinting, all of which are crucial for successful bioprinting development. Important research topics pursued by this domain's researchers must also be visible at a glance. This type of research can suggest future research directions in this sector, which will be useful to a wide range of academics and practitioners.

As a result, to address the aforementioned issues, it is required to review the bioprinting literature. The frst question for research is.

**Que 1:** What is the state of the bioprinting literature right now, where are the research gaps, and what are the expected trends?

It is simple to understand the extent to which the various bioprinting-related disciplines have been studied by earlier researchers, as well as the gaps and potential future developments. Because researchers had studied bioprinting using a variety of biomaterials and bioprinting methodologies, it was required to review the articles to acquire relevant information. As a result, the second research question was:

**Que 2:** What biomaterials and bioprinting processes have been studied or applied in previous bioprinting research?

This leads to the review of development of biomaterials and bioprinting processes for future usage.

Finding innovative biomaterials combinations for bioink development is a critical aspect in tissue growth and development. Although researchers have attempted to improve the bioprinting performance, more advancement in 3D printing technology are needed to boost the resolution without sacrificing scaffold design, strength, or flexibility. While emerging difficulties originating from an innovative approach to bioprinting were discussed, less emphasis was given on producing a new bioink for performance enhancement. The author's attempts to raise awareness of bioprinting research by identifying key participants, interventions, and outcomes during the last two decades of research. The objective of present research is to identify the top universities, regions, journals, publishers, and authors of bioprinting research publications. The third important question is therefore,

**Que 3:** What are the trends in publications year over year, country over country, and publisher and university involvement in bioprinting research?

Six sections comprise this paper, the current one being one of them. Section [2](#page-1-0) discusses the literature review on bioprinting, while Sect. [3](#page-7-0) discusses the classifcation of the analysis and the study technique. Section [4](#page-7-1) describes how articles were analyzed using several criteria that were included in the classifcation. Section [5](#page-14-0) consists of a summary and discussion. The study's conclusion is detailed in Sect. [6](#page-15-0), along with the study's key results, gaps, ramifications, and future trends.

### <span id="page-1-0"></span>**Literature Review**

The current section is divided into subsections and discusses existing literature review research publications. The background of bioprinting was studied and summarized based on existing research articles.

#### **General Trends and Issues in the Bioprinting**

The 3D bioprinting utilizes 3D printing techniques using biomaterials to manufacture biomedical parts. Table [1](#page-2-0)

Method of bioprinting Advantage		Disadvantage	Parameters	References
Extrusion	Printing diverse biomaterials is simple, capable of printing high cell densities	Works very well with sticky liquids only	Speed is slow Cell viability is $89.46 \pm 2.51\%$ Cell density is High Resolution is $100 \mu m$ Viscosity is $30-6 \times 10^7$ mPa s	[8, 9]
Inkjet	Simple biomaterial printing capabil- ity, low cost, high resolution and rapid production speed	Low cell densities, unable to give continuous flow, and not able to give vertical structural functional- ity	Speed is fast Cell viability is 80–95% Cell density is Low Resolution is $50 \mu m$ Viscosity is $< 10$ mPa s	$[10]$ , [9]
Stereolithograpy	This method has the advantages of being nozzle-free, excellent accu- racy, complex structure	The inability to print multi-cells, the toxicity of UV light to cells, and cell damage during photocuring	Speed is fast Cell viability is $> 90\%$ Cell density is Medium Resolution is $100 \mu m$ No limitation on Viscosity	[9, 11]
Laser-assisted	Resolution is very high for deposi- tion of biomaterial in the solid or liquid phase	High price and thermal damage brought on by nanosecond/femto- second lasers	Speed is medium Cell viability is $< 85\%$ Cell density is Medium Resolution is $10 \mu m$ Viscosity is $1-300$ mPa s	[4, 9]

<span id="page-2-0"></span>**Table 1** Comparison of extrusion, inkjet, stereolithography, and laser-assisted bioprinting methods

compares extrusion, inkjet, stereo lithography, and laserassisted bioprinting methods, with extrusion-based bioprinting being the mostly used.

The bioink's rheological properties and surface tension, process-induced mechanical forces, printing fow rate control, and crosslinking mechanisms are all important qualities for bioprinting [[12\]](#page-17-1). The important design elements in bioprinting include shape and resolution, cellular-material remodeling dynamism, and material heterogeneity [[13](#page-17-2)]. 3D bioprinted components have been used for applications such as drug delivery and discovery, research models, and toxicology.

#### **Reviews of the Available Literature on Bioprinting**

Before starting the literature review, it is necessary to research prior literature review papers from the relevant subject. A thorough awareness of current advances and research felds can be acquired by carefully examining the available literature review publications. Table [2](#page-3-0) presents the fndings of a comprehensive examination of recent papers in the bioprinting domain.

Researchers Lapomarda et al. [[14](#page-17-3)] identifed that pectin can be used for enhancing the rheological properties of gelatin. Pectin improves viscosity as well as yield stress of solution made from gelatin. According to Boyd-Moss et al. [\[15](#page-17-4)] protein- and peptide-based biomaterials can easily imitate the native ECM by forming highly printable hydrogels. Further, Müller et al. [\[16\]](#page-17-5) investigated that the combination of alginate sulfate and nano-cellulose had good printability; whereas, Fan et al. [[17\]](#page-17-6) developed a hybrid matrigel-agarose hydrogel system, which had provided essential microenvironment for cell growth. Miao et al. [[18\]](#page-17-7) discussed about 4D printing of novel biometric gradient tissues. Stevens et al. [[19\]](#page-17-8) discussed about purifcation and modifcation methods of gellan gum; however, Ersumo et al. [[20\]](#page-17-9) highlighted the mechanical and swelling properties of gelatin-based hydrogel and also discussed the ways of enhancing the mechanical properties. Additionally, Kim et al. [\[21](#page-17-10)] discussed about the use of synthetic polymer for cell-printed constructs and Mouser et al. [[22](#page-17-11)] investigated the suitability of GelMA supplemented with gellan gum, and found that this combination can be suitable to use as a bioink. Leite et al. [[23\]](#page-17-12) investigated the bio-plotting characteristics of bioactive alginate and by EDS (energy-dispersive X-ray spectroscopy) analysis, it was observed that growth of bone-like apatite layer happened. However, Gu et al. [\[24\]](#page-17-13) discussed printing neural tissue from human neural stem cells that have in situ grown into active neurons and supporting neuroglia. Further, Hartwell et al. [\[25](#page-17-14)] discussed about the stabilization of collagen solution by the addition of polyvinyl alcohol hydrogel and Madl et al. [[26\]](#page-17-15) developed the engineered elastin-like protein, which can be a appealing material for therapeutic cell injection by SPAAC(strain-promoted azide-alkyne cycloaddition) crosslink; whereas, Lee et al. [\[27](#page-17-16)] investigated the PLGA (poly D,L-lactic-co-glycolic acid) scafold

<span id="page-3-0"></span>



**Table 2** (continued)

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preparation method by syringe type and flament type based on extrusion-based dispensing. Researchers observed that flament-based module was more suitable. Melke et al. [[28\]](#page-17-21) discussed regarding diferent fabrication, functionalization method of silk fbroin and observed that silk fbroin combined with HA(hydroxyapatite) can provide scafold that closely resembles the natural bone. The two tissue research investigations below indicate how the use of scafolds composed of various biomaterials might improve bone growth naturally. The presence of mesenchymal stem cells, chondroprogenitor cells, and pluripotent cells can be enhanced in an in vitro examination applying thermos-reversible gelatin, which may be useful for treating osteoarthritic chondrocytes in elderly patients [\[29](#page-17-22)]. SCID mice with severe combined immunodeficiency (SCID) were used to study bone formation using β-tricalciumphosphate (β-TCP) scaffolds coated with hBMSC and hRIA-MSC [[30\]](#page-17-23).

# <span id="page-7-0"></span>**The Research Strategy Implemented in the Study**

Every research project should include literature analysis because it enables you to examine current trends and active areas in a certain feld. The selection and categorization of the articles will be covered in this part.

### **Criteria for Selection of Articles**

The main objective of this analysis is to use the Scopus database to discuss developments and research areas in the feld of bioprinting. All academic papers having the phrase "Bioprinting and Biomaterial" in their titles or keywords that had been published in peer-reviewed journals were indexed for this study. Book chapters, brief notes, conference papers, and editorial remarks were among the items that were initially fltered out. This study includes articles authored between 2004 and 2022. It would be difficult to include bioprinting in a single discipline due to its wide range of applications; as a result, peer-reviewed publications from respected publishers including Taylor & Francis, Elsevier, MDPI AG, Emerald, and SAGE Publications Ltd. have been chosen for research purposes. These publications are recommended since they provide high-quality papers on bioprinting and have numerous applications in several sectors. The exploring method used to choose this analysis produced 1002 articles encompassing a variety of contexts, including biomaterial, bioink, bioprinting methods, etc. These articles were then reviewed utilizing a system of groupings between diferent points of view. The selection and classifcation of articles are shown in Fig. [1](#page-8-0).

In summary, 1002 research articles on the topic of bioprinting and biomaterials were chosen for the study.

It i probable that some crucial publications were missed, though, because the authors worked through a procedure before selecting the papers for the study. In an effort to identify biomaterials, bioprinting techniques, and applications, the papers now are further categorized based on the many parameters as shown. The study's conclusions also analyzed its fndings, research gaps, implications, and future research direction. The classifcation strategy developed themes, and research fndings are expected to be useful to both researchers and clinicians.

### **Classifcation Scheme for Analysis**

For the examination of research publications on bioprinting, a classifcation technique was suggested. The following nine essential criteria are used to evaluate and categorize papers:

- (1) Classifcation based on year of publication.
- (2) Classifcation based on articles and publishers.
- (3) Classifcation based on nation.
- (4) Classifcation based on afliation of author.
- (5) Authors who are currently working in bioprinting.
- (6) Top bioprinting publications in terms of citations.
- (7) Natural and synthetic polymer-based biomaterial classifcation. Classifcation on the basis of Polymer based biomaterials
- (8) Bioprinting method-based classifcation.
- (9) Application area of bioprinting.

The classifcation described above will provide a roadmap for additional research by highlighting the domain's progressive development, research types, applications, and obstacles.

### <span id="page-7-1"></span>**Evaluation of Articles Based on Bioprinting**

The short-listed research article of bioprinting, along with their detailed analysis, is discussed in the current section to provide some insight into the research topic.

### **Classifcation Based on Year of Publication**

In this study, articles published between 2004 and 2022 were selected, for the year 2022 articles were selected up to January. Figure [2](#page-9-0) represents the regression line and trends for the number of articles published per year. Linear trend represents the most appropriate points for the selection and that is why it was selected.

Because of the trend line's positive linear shape, there has been an increase in publications since 2011. Since the number of publications has also signifcantly increased since 2014 and will continue to do so until 2021. The regression

<span id="page-8-0"></span>**Fig. 1** Flow chart for the research methodology



equation for the obtained curve shows that there has been and will continue to be an increase in the number of research publications. Additionally, the number of articles published over the past ten years has increased by more than 60%, demonstrating the growing signifcance of bioprinting in view of the growing demands for organ transplants, drug testing, and biological research models purpose. Various traditional methods available like autograft, allograft, and xenograft are having their own advantages and disadvantages and these methods cannot fulfll the demand needs of patients waiting for transplantation. On the other hand, there is scarcity of biological models for research and drug testing. So, for overcoming the above-mentioned challenges, bioprinting is the best way in which cells, proteins, and biomaterials are used as building blocks for 3D-printed biological models, biological systems, and pharmaceutical products [[31\]](#page-17-24). This

<span id="page-9-0"></span>

analysis helps in answering research question number one and three.

#### **Classifcation Based on Nation**

#### **Classifcation Based on Articles and Publishers**

The electronic database in which the chosen research publications were published was used to further categorize them. The Institute of Physics Publishing, John Wiley and Sons Inc., Elsevier Ltd., Elsevier B.V., and MDPI (Multidisciplinary Digital Publishing Institute) are the primary electronic databases mentioned in this research (Multidisciplinary Digital Publishing Institute). Table [3](#page-9-1) provides a summary of the distribution of articles based on journals and publishers for the top 10 journals. The answers to research questions one and three may be found with the help of this analysis.

A close examination of the chosen papers demonstrates that bioprinting is a global phenomenon, with publications in 67 nations. Because of the growing demand for organ transplantation, 3D bioprinting is gaining popularity due to its capacity to print a variety of cell types in specifc spatial areas, making it suited to regenerative medicine to address the demand for transplantable organs and tissue[\[32\]](#page-17-25). Several governments are encouraging scientists to conduct bioprinting research and develop cutting-edge technology. Table [4](#page-10-0) summarizes the top ten countries that contribute to the bioprinting domain. This analysis can assist to fnd answer for research questions one and three.

According to Table [4,](#page-10-0) the US has contributed a total of 374 articles. Researchers from nations like China, Germany,

<span id="page-9-1"></span>



\*Citations are for specifc publications that have been evaluated in that particular journal and can be found at <https://www.scimagojr.com>

<span id="page-10-0"></span>**Table 4** Nation-based bioprinting articles

Sr. no	<b>Nation</b>	No. of articles	No. of citation	Topics of research
	<b>United States</b>	374	22,765	Bioink development, hydrogel
2	China	176	3802	Biomaterial selection, cartilage regeneration
3	Germany	84	2175	Alginate-based bioink, bioink development
4	South Korea	84	2153	Crosslinking mechanism
5	United Kingdom	70	1380	Skin regeneration, medical device development
6	India	67	1653	Biomaterials development, printing process parameters
	Australia	62	1750	Printability, bioethics
8	Canada	54	1848	Hybrid Scaffold, bone tissues engineering
9	Netherlands	52	3837	Drug delivery, scaffold
10	Italy	42	505	Standardization, scaffold, tissue regeneration

South Korea, the United Kingdom, and India have contributed to the study's foundation and strength.

#### **Classifcation Based on Afliation of Author**

Researchers who have written about bioprinting are associated with a university. Researchers claim that the increased demand for organ transplants and the scarcity of donors are compelling scientists and medical professionals to adopt the bioprinting idea, which makes complex tissue architectures simple to print. Researchers working with various universities are motivated by the current situation to conduct bioprinting research. Examining the contributions made by various nations in this sector was necessary to comprehend the future trend in this domain. 160 universities from around the world have submitted 1002 articles on bioprinting. Research questions one and three of this study are addressed in Table [5](#page-10-1), which provides information about the top 10 universities.

<span id="page-10-1"></span>**Table 5** University-based classifcation of bioprinting articles

44 scientific articles from Harvard Medical School addressed important issues such as bone deformity and bioink creation. Silk-based bioink is being developed by scientists at Pohang University of Science and Technology.

#### **Authors Who are Currently Working in Bioprinting**

Researchers and practitioners had contributed to bioprinting research and tried to develop bioink and select suitable combination of biomaterial and cells as per the requirement of tissue application. The contributions of numerous researchers are listed in this article, and Table [6](#page-11-0) lists the top ten authors.

Khademhosseini A. addressed many applications of bioprinting with his maximum contribution of twentyfive articles, including bioengineering, drug delivery, biomaterials, tissue engineering, and regenerative medicine. During his work, he explained about cell responsive behavior of gelatin methacrylate (GelMA). Furthermore, the researcher Malda, J. contributed sixteen articles on



\*Determines the references for each document from a certain university that has been reviewed

	Sr. No Author name		Total article Total citations*	Overall h-index #	Theme
1	Khademhosseini, A 25		93,369	153	Bioengineering, drug delivery, biomaterials, tissue engineering, regen- erative medicine
2	Malda, J	16	19,007	69	Bio fabrication in translation
3	Cho, D.W	15	19,860	76	3D printing, cell printing, tissue engineering
4	Zhang, Y.S.	14	21,113	73	3D bioprinting, biomaterials, regenerative engineering, organ-on-a-chip, bioanalysis
5	Moroni, L	13	11,490	55	Biofabrication 3D cell culture, scaffolds, regenerative medicine, bioma- terials
6	Ashammakhi, N	9	9312	49	Tissue engineering, biomaterials, 3D printing, organ-on-a-chip
7	Gelinsky, M	9	11,017	57	Biomaterials, tissue engineering, 3D printing, bioprinting, bio fabrica- tion
8	Burdick, J.A.	8	41,355	113	Biomaterials, tissue engineering, bioengineering, hydrogels
9	De Maria, C	8	1656	19	Biofabrication, additive manufacturing, open source medical devices
10	Dokmeci, M.R	8	22,047	77	Bioengineering, biosensors, organs on a chip, biomaterials

<span id="page-11-0"></span>**Table 6** Active author-based classifcation of bioprinting articles

\*Citations are for specifc documents that the author has studied; data were obtained from Google Scholar

bio fabrication in translation. Researchers worked on designing of porous scaffold in which by varying PEGT (poly-ethylene glycol-terephthalate)/PBT (poly-butylene terephthalate) composition, porosity and pore geometry 3D-deposited scaffolds were produced with a range of mechanical properties [[33](#page-17-26)]. This analysis can assist to find answer for research questions one and three.

### **Top Bioprinting Publications in Terms of Citations**

Numerous experts in the field of bioprinting contributed to the investigations and wrote papers that were included in prestigious journals. It was important to find major publications in this topic to learn more about bioprinting. As indicated in Table [7,](#page-12-0) the authors of this research attempted to identify the top ten most cited articles in the field of bioprinting.

With 1342 citations, the research publications authored by Kang et al. [[34](#page-17-27)] was the most cited of the 1002 articles. The integrated tissue–organ printer (ITOP) described in this paper can build any shape of stable, human-scale tissue constructs. Madl et al. [[26](#page-17-15)] aimed to develop new ideas and improvements in hydrogel design and tailoring. Yue et al. [[35](#page-17-28)] aimed to identify GelMa-based hydrogels application to engineer cardiac, vascular, bone, and cartilage tissues. These articles may assist researchers, particularly beginners, in better understanding of the bioprinting concept. As previously stated, this knowledge solves research question number one and three.

### **Classifcation on the Basis of Polymer‑Based Biomaterial**

Biomaterials serve a variety of uses in prosthetics and medical devices. Polymers are the broadest category of biomaterials [\[36\]](#page-18-0). Natural and synthetic polymer biomaterial are mostly used for bioprinting. It is important for future researchers to understand what the various polymer-based biomaterial used in bioprinting are. As shown in Table [8,](#page-13-0) natural biomaterial, Alginate with 101 articles represents its application in tissue engineering for bone, cartilage, and regenerative medicine. Collagen with 68 articles shows application in skin tissue engineering, vascularized bone model.

Synthetic polymer biomaterial, poly-lactic acid (PLA) with 212 articles represents its application in bone tissue engineering, skin regeneration, and cartilage tissue engineering. Poly-caprolactone (PCL) with 25 articles has various applications for regenerative medicine, skin tissue engineering, and bone tissue engineering. This analysis can assist to fnd answer for research questions one, two, and three.

### **Bioprinting Method‑Based Classifcation**

The medical sector and the manufacturing of medical materials have been radically impacted as a result of the rapid rise of 3D bioprinting in the medical profession. Complex tissues and organ constructs have been created using this technology. 3D bioprinting is divided into several categories based on how it works. Extrusion-based



<span id="page-12-0"></span>**Table 7** Top citation-based classifcation of bioprinting articles

bioprinting, the most popular method, uses bioinks that are continually dispensed or extruded as flaments to create three-dimensional objects[\[1](#page-16-0)]. Extrusion-based bioprinting has 31 articles which show its importance in bioprinting techniques. It is mainly used for scafold development of smart bioink and skin tissue engineering. Thermal inkjet printing with 20 articles was mainly used for its fast fabrication speed and resolution. It is mostly applied in the feld of bone tissue engineering, cartilage tissue engineering, and skin tissue engineering as shown in Table [9.](#page-13-1) This analysis can assist to fnd answer for research questions one, two, and three.

### **Application Area of Bioprinting**

Bioprinting is gaining more attention because of its unique feature of recreating the complicated human tissue with accuracy. As there is a lack of donor available for fulflling the requirement of transplantation, bioprinting is a playing a major role for fulflling that gap. Table [10](#page-13-2) represents various application of bioprinting addressed by several researchers of the selected articles. Cartilage tissue with 46 articles represents highest application of bioprinting. It is used in a variety of applications besides cartilage tissue, including bone tissue engineering, skin tissue, cardiac tissue, heart

<span id="page-13-0"></span>

Sr. no	Biomaterial	Total articles	Application of research
	Natural biomaterial		
	Collagen	68	Skin tissue engineering, vascularized bone model, skeletal muscle cell
2	Fibrin	17	Vessel substitute, skin tissue engineering, regenerative medicine
3	<b>Silk</b>	8	Bone tissue engineering, biomedicine, therapeutic application
4	Agarose	10	Skeletal muscle, bio-artificial bone, cartilage tissue engineering
5	Alginate	101	Bone tissue engineering, cartilage tissue engineering, regenerative medicine
6	Hyaluronic	2	Wound healing, hydrogel formation
	Chitosan	29	Bone tissue engineering, regenerative medicine, skin tissue engineering
	<b>Synthetic biomaterial</b>		
	Poly-lactic acid (PLA)	212	Bone tissue engineering, skin regeneration, cartilage tissue engineering
2	Poly-caprolactone (PCL)	25	Bone tissue engineering, skin tissue engineering, regenerative medicine
3	Polyethylene glycol (PEG)	4	Bio-artificial vascular graft, cartilage tissue engineering, shape morphing hydrogel
4	Polyacrylamide (PAAm)	3	Skin tissue engineering, vascularization
5	Poly-vinyl alcohol (PVA)	2	Skin tissue engineering, regenerative medicine, bone tissue engineering

<span id="page-13-1"></span>**Table 9** Classifcation on the basis of bioprinting method



<span id="page-13-2"></span>**Table 10** Classifcation on the basis of application area



valve, neural tissue, etc. In various tissue applications, scaffolding is main aim. This analysis can assist to fnd answer for research questions one, two and three.

# <span id="page-14-0"></span>**Summary and Analysis**

The presented literature research examined 1002 bioprinting articles to identify signifcant problems and potential developments. Researchers in this domain have conducted study and presented their fndings on the several key aspects of bioprinting. Despite numerous studies in the feld of bioprinting, issues with the bioprinted component's mechanical strength must be resolved. However, over the past 18 years, 1002 articles in peer-reviewed journals have been found that contain the phrase "Bioprinting and Biomaterial" either in their title or in the keywords. Research in this area is still in its infancy, and many lines of inquiry remain open, according to a study of the bioprinting studies that made the shortlist. Although many studies have contributed to the backdrop for bioprinting, bioink development is still necessary to increase the adoption and performance of bioprinted tissues and models. Many academics have pinpointed benefcial fndings and future prospects, but very few authors have attempted to identify gaps in this feld's domain of research.

# **The Study's Utmost Important Findings**

The following is a summary of study conclusions based on a comprehensive review of the documents:

- It was noticed while reading the numerous literature reviews available on bioprinting that literature review papers focus on specifc tissue application. The purpose of the research described in this article is to provide a multi-dimensional view of bioprinting.
- The United States, China, Germany, South Korea, the United Kingdom, and India were among the source nations where 1002 research articles on bioprinting were examined. To meet their need for organ supply for the patients waiting for their transplants, countries have been seen conducting substantial study in this area. Prominent researchers, Khademhosseini, A., Malda, J., Cho, D.W., Zhang, Y.S., Moroni, L., Ashammakhi, N., etc. have made a considerable impact on bioprinting-related research.
- The biomaterials, bioprinting procedures, and bioink development techniques that have been discovered by numerous bioprinters researchers have been compiled in this publication and can be used as a ready-to-use resource by present and future researchers and practitioners. Bioprinting researchers work on a variety of topics, but the most frequent ones are bone tissue engineering,

skin bioprinting, and cartilage regeneration. The themes addressed throughout this study can serve as a guide for future scholars in this feld.

Many studies have concentrated on the development of bioink, but only a few have focused on improving the qualities of bioprinted components such as biocompatibility, biodegradability, mechanical strength, and structural stability.

## **Research Gaps**

The literature review given identifes the following research gaps:

- In the medical feld, there has been a considerable paradigm shift in bioprinting compared to standard graft implantation, as documented by literature. There is, however, a paucity of material for the development of a new bioink and improving the properties like mechanical/electrical, biocompatibility, and biodegradability of bioprinted components for direct use in transplantation.
- While collecting the polymer-based biomaterials for bioprinting, it was discovered that just a few biomaterial combinations had been investigated for the development of bioink.
- Only a few studies have shown the use of bioprinting in a variety of medical sectors.
- Several bioprinting studies have found that the bioprinting aspect of bioink requires a lot of parameter control, such as composition and structure, biocompatibility, surface functionalization and characterization, etc., as well as the proper composition of biomaterial that can match the exact composition of the human body matrix. Bioprinted components are still in the testing phase before being implanted due to the lack of appropriateness of the above features.
- Several articles discussed the benefts of bioprinting; however, there is still a lot of work to be done in terms of bioink development and improving the stability of bioprinted components for replacing missing tissues and replacing damaged tissues with a bioprinted component.

### **Implications of Research**

A thorough literature assessment and analysis of a few key articles on bioprinting and biomaterials was conducted to review the current status of research in the chosen topic and to determine potential future research directions. The anticipated research implications of the study for researchers, clinicians, and doctors are listed below.

• The review's findings may be helpful to practitioners and researchers in assessing the state of research in the felds of biomaterials and bioprinting. Additionally, this will help learners understand how bioprinting research has developed since 2004 and where it stands today globally.

- Researchers and practitioners may fnd it useful to use the current study's analysis of contributions by publisher and source to fnd information sources for upcoming research and application. They can use this as a database for future research and to increase their understanding.
- The discovered bioprinting technologies and polymerbased biomaterials may help practitioners and doctors choose the appropriate bioprinting technology and biomaterial for the application. Furthermore, the study's fndings may assist doctors and researchers in determining the benefts and drawbacks of adopting a specifc type of biomaterial. This will help in the implementation of bioprinted component preventative measures before a problem emerges, making bioprinted component adoption for tissue engineering applications easier. Furthermore, researchers may get motivated to examine and discover new biomaterials combinations for the development of bioink for use in bioprinting.
- This could also serve as a platform for future bioprinted component enhancements. This could help surgeons choose biomaterials and bioprinting procedures for ready-to-use tissue transplantation in damaged or missing areas.
- By helping new researchers learn signifcant information and develop their skills, the top authors and resources featured here could boost their contributions to bioprint-

ing research. Researchers and practitioners may also be able to fnd important documents and authors who have contributed signifcantly by doing this..

Finally, after careful review of the selected research articles, the framework was proposed for future research directions as shown in Fig. [3](#page-15-1).

# <span id="page-15-0"></span>**Conclusion and Future Scope**

The goal of the study is to conduct a thorough assessment of the literature pertaining to the chosen bioprinting articles and to highlight recent advancements in the feld. A total of 1002 research articles with the phrase "Bioprinting and Biomaterial" in the title or keywords were gathered for this study from the Scopus database between 2004 and 2022. The selected research articles were further analyzed for the assessment of neoteric developments in bioprinting research. According to this study, early trends focused primarily on bioprinting techniques, while later trends turned to the creation of bioink. Recently, several articles on the development of bioink employing biomaterial based on natural polymers were published. Among these, most of the literature highlights the use of natural biomaterial like Collagen, Silk, Alginate, Chitosan etc. for removing the issues of toxicity and non-biodegradability. Leading journals, publishers, academic institutions, writers, and other participants who have actively contributed to the



<span id="page-15-1"></span>**Fig. 3** Proposed framework for the future research directions

feld of bioprinting research have been highlighted. This study also includes bioprinting techniques, polymer-based biomaterials, and bioprinting applications that have been reported by diferent authors. Implementing bioprinting in actual practice will require knowledge of the biomaterials utilized in the process, the bioprinting techniques, and the application area indicated in this research. Researchers and practitioners can both beneft from a deeper understanding of the topic thanks to the classifcation of bioprinting documents that is presented here based on many criteria. Even though the Scopus database contains a large number of research publications, the subject is still evolving, and the proposed framework lists a number of further prospects. It was also mentioned that numerous studies based on the development of bioink have successfully documented their research's fndings. A limited amount of literature has been found to address the optimization of various parameters and to enhance the functionality of bioprinting. Research on bioprinting has been heavily infuenced by nations including the United States, China, Germany, South Korea, United Kingdom, and India. Despite these eforts, bioprinted models are still in the research stage and are unable to be successfully used as transplants for various tissues because they lack the desired mechanical and morphological qualities. Future research on bioprinted components is also anticipated, and gaps must be flled. Future study is predicted to follow existing Graft implantation methods such as autograft, allograft, and xenograft by various researchers. Patients who are waiting for a donor for their damaged or missing tissues can easily meet their demand using bioprinted components. Future researchers on bioprinting will need to think about how to increase acceptability of the technology. To provide practitioners with guidance, it is important to identify and enhance the numerous factors that afect the adoption of bioprinting. To highlight the recent advancements in the feld of bioprinting, this study adopts a classifcation of earlier work based on a number of diferent criteria. This will help in understanding bioprinting and be a useful resource for practitioners. However, the generalized technologies and applications of bioprinting in the area of bone tissue engineering, for bioprinting customized bone tissue can be included in the future studies for the benefts of academicians as well as for the orthopedic doctors. However, the authors of this research believe that the study has a few drawbacks, which are noted below:

• Our research is limited to looking at specifc publications that include the term "Bioprinting and Biomaterials" in the title or keywords of the article, even though we acknowledge that there are several research articles that could not have used the term "Bioprinting and Biomaterials" in the keyword, the description could have focused on bioprinting.

- Journals published by the Institute of Physics Publishing, John Wiley and Sons Inc., and MDPI (Multidisciplinary Digital Publishing Institute) were excluded from this research. There are, however, research publications published by other publishers that can be utilized in the bioprinting and biomaterials-based studies. The collection is not exhaustive, but it is considered comprehensive because it includes a wide range of scholarly publications from a number of well-regarded journals.
- The authors of this study attempted to incorporate a wide range of parameters as well as all of the necessary bases for comparing the articles. However, the authors believe that a more complete study is needed to have a better knowledge of bioprinting and its application in the medical feld.

### **Declarations**

**Conflict of Interest** On behalf of all authors, the corresponding author states that there is no confict of interest.

**Ethical standard statement** This article does not contain any studies with human or animal subjects performed by the any of the authors.

**Informed consent** For this type of study informed consent is not required.

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