

Cryotherapy: It's Effect on Functional Performance This book focuses on the use of cryotherapy, and its effect on functional performance of shoulder. Shoulder joint is involved in most of the activities and cryotherapy is the most common modality of choice for pain relief post-trauma. This book will help to give you better understanding of how cryotherapy has an effect on functional performance of shoulder. This book has been written for physiotherapy professionals, practitioners and students to infuse evidence based clinical perspective for use of cryotherapy considering its effects on functional performance for client care in various setups.



Varsha Solanki
Mugdha Oberoi

Varsha Solanki is a practicing physiotherapist, focusing on evidence-based practice, graduated from K.J. Somaiya college of PT (Mumbai), with good academic background. Mugdha Oberoi asst prof. at K.J. Somaiya College of PT is skilled in K-Taping, Dry Needling, MFR, NDS, NDT and Clinical Research with experience in hospital and health care industry.

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